



## Kurdistan University of Medical Sciences

Educational Assistant  
Center for Studies and Development of Medical Education  
Curriculum planning unit

### Combined course plan form (Attendance and absenteeism)

#### General characteristics of the course

Name of unit: Nursing Theories, Models and their application	Faculty: Nursing and Midwifery	Course: Medical Surgical Nursing and Emergency Nursing
Degree: Masters	Number of theoretical unit :1.5	Number of practical unit :.5
Academic year: 2025-2026	Lecturer: Dr. Seidi and Dr. Mahmoodi	Prerequisite or simultaneous course: None
Class day:Monday	Class time: 14-16 16-18	Second semester

- Details of the responsible teacher:

First name	last name	rank	group	College/hospital	Phone number	Mobile Phone Number
Jamal	Seidi	Associate professor	Nursing	Nursing and Midwifery	+98208733627636	+9809183781006

- E-mail address of the responsible teacher:jamal.seidi@yahoo.com

#### Profile of associate professors:

First name	last name	rank	group	College/hospital	Phone number	Mobile Phone Number
Mokhtar	Mahmoodi	Assistan Professor	Nursing	Nursing and Midwifery	+98208733627636	+9809183762428

Associate professors can access specific parts of the course.

## Objectives and introduction of the lesson

### A: introduction of the lesson

Nursing theories and concepts are the basis of practical and comprehensive care and the production of specific knowledge for optimal care at the bedside. The use of theories, models and concepts is the basis of practical and comprehensive care in special care departments and the production of special knowledge for optimal care in these departments. In this course, students get to know the theory and theorizing in nursing, the types of theories and their application, the basic concepts of nursing and their application in clinical care. The teaching method will be lecture, group discussion and project. In order to develop students' critical thinking in the field of applying nursing theories and models, scenario design will be used.

B: General objective  
Familiarizing students with theory and theorizing in nursing and critical care, types of theories and their application, basic concepts of nursing and their application in critical care

### C: Specific objective

#### 1- Cognitive:

At the end of the course, the student should be able to:

- Explain the concepts of phenomenon, structure, theory, paradigm and model.
- To explain the philosophical views towards human, health, environment and nursing
- Describe the main characteristics of a theory.
- Explain the types of theories.
- Express the connection between the model and the theory.
- Explain the history of theory and models in nursing.
- Describe the application of the nursing process in providing nursing services.
- Analyze famous nursing theories and models such as Roy, Orem, Watson, Parse, Leininger, Peplao, etc.

#### 2- Psychomotor:

At the end of the course, the student should be able to apply theories, models and concepts in the care of patients

#### 3- Attitudinal:

At the end of the course, the student should be able to motivate and interest

## Determining face-to-face lesson sessions

No	The title of the face-to-face meeting	Date of presentation	How to present	1/12/2025
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1	The concept of theory and theorizing in nursing(Dr.Mahmoodi)	24/11/2025	Lecture/question and answer/reverse class/group activity	Laptop/vidio projector/whiteboard
2	Nursing philosophy and terminology(Dr.Mahmoodi)	1/12/2025	Lecture/question and answer/reverse class/group activity	Laptop/vidio projector/whiteboard
3	A review of various theories in nursing(Dr.Mahmoodi)	8/12/2025	Lecture/question and answer/reverse class/group activity	Laptop/vidio projector/whiteboard
4	An overview of Parse's theory(Dr.Seidi)	15/12/2025	Lecture/question and answer/reverse class/group activity	Laptop/vidio projector/whiteboard
5	An overview of Watson's theory(Dr.Seidi)	22/12/2025	Lecture/question and answer/reverse class/group activity	Laptop/vidio projector/whiteboard
6	A review of Kalista Roy's theory(Dr.Seidi)	29/12/2025	Lecture/question and answer/reverse class/group activity	Laptop/vidio projector/whiteboard

### Determining non-attendance sessions

Anticipated non-attendance part (including the title, date of presentation, the second session of all the in-person and non-attendance sessions)	The reason for the possibility of absenteeism	The method of covering content in absentia (Including how to present, being online or not, required facilities, etc.)
Evaluation of theories(Dr.Mahmoodi)	24/11/2025	Offline teaching (podcast movie and teaching file - online teaching in the discussion room in the Navid system
A review of nursing theories and Nightingale's theory(Dr.Mahmoodi)	1/12/2025	Offline teaching (podcast movie and teaching file - online teaching in the discussion room in the Navid system
Application of nursing process in providing medical services(Dr.Mahmoodi)	8/12/2025	Offline teaching (podcast movie and teaching file - online teaching in the discussion room in the Navid system
A review of Orem's theory(Dr.Seidi)	15/12/2025	Offline teaching (podcast movie and teaching file - online teaching in the discussion room in the Navid system
A review of Leininger's theory(Dr.Seidi)	22/12/2025	Offline teaching (podcast movie and teaching file - online teaching in the discussion room in the Navid system
A review of Peplau's theory(Dr.Seidi)	29/12/2025	Offline teaching (podcast movie and teaching file - online teaching in the discussion room in the Navid system

## Study resources for students

Book details including title, authors, translators, publications, year and time of publication	Pages and chapters specified for the test
Alligood, M.R. Nursing Theory: Utilization & Application, 5Edition.2013.	Application of theory-theoricians
Parker, M.E. Nursing Theories and Nursing Practice. Third Edition. 2010.	Application of theory-theoricians
Bunkers SS, Bournes DA, Mitchell GJ. Rosemarie Rizzo Parse: Humanbecoming. Nursing Theorists and Their Work E-Book: Nursing Theorists and Their Work E-Book. 2021.:370	Nursing philosophy and terminology Application of theory-theoricians
Parse RR. Rosemarie Rizzo Parse: Studio Three [for the] Helene Fuld Health Trust; 1989.	The concept of theory and theorizing

Article details including title, authors, journal, year and publication number and pages		How students can access the article
Toney-Butler TJ, Thayer JM. Nursing Process. [Updated 2023 Apr 10]. In: StatPearls [Internet]. Treasure Island (FL): StatPearls Publishing; 2024 Jan-.		Available from: <a href="https://www.ncbi.nlm.nih.gov/books/NBK499937/">https://www.ncbi.nlm.nih.gov/books/NBK49937/</a>
Alharbi K, Baker O. Jean Watson’s middle range theory of human caring: A critique. International Journal of Advanced Multidisciplinary Scientific Research. 2020;3(1):1-14.		<a href="https://scholar.google.com/scholar?hl=en&amp;as_sdt=0%2C5&amp;q=Alharbi+K%2C+Baker+O.+Jean+Watson">https://scholar.google.com/scholar?hl=en&amp;as_sdt=0%2C5&amp;q=Alharbi+K%2C+Baker+O.+Jean+Watson</a>
Jan R, Rattani S, Yaqoob A. Theory Guided ,Kumar S Practices: An Approach to Better Nursing Care through the Roy Adaptation Model. International Journal of Current Research and Review. 2022;14(14):58-63		<a href="#">Rattani+S%2C+Yaqoel.+International+Journal+of+Current+Research+and+Review.+2022%3B14%2814%29%3A5</a>
Yip JYC. Theory-based advanced nursing practice: A practice update on the application of Orem's self-care deficit nursing theory. SAGE Open Nursing. 2021;7:23779608211011993.		<a href="https://scholar.google.com/scholar?hl=en&amp;as_sdt=0%2C5&amp;q=Yip+JYC.+Theory-based+advanced+nursing+practice%3A+A+practice+update+on+the+application+of+Orem%2C">https://scholar.google.com/scholar?hl=en&amp;as_sdt=0%2C5&amp;q=Yip+JYC.+Theory-based+advanced+nursing+practice%3A+A+practice+update+on+the+application+of+Orem%</a>
McFarland MR, Wehbe-Alamah HB. Leininger’s theory of culture care diversity and universality: An overview with a historical retrospective and a view toward the future. Journal of Transcultural Nursing. 2019;30(6):540-57		<a href="https://scholar.google.com/scholar?hl=en&amp;as_sdt=0%2C5&amp;q=McFarland+MR%2C+Wehbe-Alamah+HB.+Leininger%E2%80%99s+theory+of+culture+care+diversity+and+univers">https://scholar.google.com/scholar?hl=en&amp;as_sdt=0%2C5&amp;q=McFarland+MR%2C+Wehbe-Alamah+HB.+Leininger%E2%80%99s+theory+of+culture+care+diversity+and+univers</a>
Forchuk C. Overview of Peplau’s Theory. From Therapeutic Relationships to Transitional Care: Routledge; 2021. p. 3-15.		<a href="https://scholar.google.com/scholar?hl=en&amp;as_sdt=0%2C5&amp;q=Forchuk+C.+Overview+of+Peplau%E2%80%99s+Theory.+From+Therapeutic+Relation">https://scholar.google.com/scholar?hl=en&amp;as_sdt=0%2C5&amp;q=Forchuk+C.+Overview+of+Peplau%E2%80%99s+Theory.+From+Therap</a>
Type of content*	Specifications including title and authors/ producers	Description (address in the system or link)
Audio-video-text podcast	Nursing Theories, Models and their application / Jamal Seidi/Mokhtar mahmoodi	<a href="https://muknavid.smums.ac.ir/">https://muknavid.smums.ac.ir/</a>

## **Self-examination, assignments, term-long and end-of-semester projects for students**

**Self-examination:** In this lesson, students individually and in groups of each session criticize part of the course content that was explained in the previous session.

• **Semester-long assignments:** Before each session, the student must have pre-reading based on the course and lesson plans so that he can participate in class activities in the form of questions and answers and group discussions. Also, during the semester, in the discussion room of the Navid system, they can answer or criticize the questions of the professor and other classmates.

• **Semester long project:**

1. A class seminar in the form of a report or a review article structure about one of nursing theories and presenting evidence-based challenges management solutions in face-to-face classes and discussion rooms in Navid system.
2. The proposed research plan or scientific report should be based on source writing with reliable software such as Endnote.

## **Other learning activities**

### **Discussion room (forum) in Navid system**

Dear students, use this section to discuss practical work and complete the project. Set a time in advance for each discussion with the teacher and classmates. Also, other teaching aid materials will be uploaded in the Navid system for the development of learning

## **Evaluation of students**

### **Student evaluation:**

- Presentation of two summary articles in the field of nursing concepts by the set deadline: 1 grades
- Presentation of the project: the application of one of the models in the patients of critical care units in the form of a theoretical plan, along with the introduction, explanation of the theory and related disease, review of the texts, summary: 5 grades
- Final exam: MCQ and essay questions: 14 grades

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✓ **Name and family name and signature of the teacher responsible for the course**  
✓ **Dr.Jamal.Seidi**